

# A Culture of Caring for You

**For over two decades, Consumer Direct Care Network New Mexico (CDNM)** has provided quality care and support to families and people of all ages, including older adults, children, and individuals with physical, intellectual, or developmental disabilities, so they can remain safe, healthy, and independent in their homes and communities.

**We are providers under Centennial Care's Agency Based Community Benefit (ABCB) and Self-Directed Community Benefit (SDCB).**

Our services include, but aren't limited to:

- **Personal Care Services - Directed Model** gives you more control over your in-home care.
- **Personal Care Services - Delegated Model** is an option for you, or your loved one, if you want CDNM to take care of all in-home care details.
- **Mi Via, "my way" or "my road"** is a person-centered, community-oriented approach to delivering services and supports by providing community-based alternatives to the services which would otherwise be provided by institutions.
- **Support Broker Services** under the Self-Directed Community Benefit (SDCB) program assist with your questions and help you achieve success with your self-directed goals.

20221013

We are here to  
**assist you.**



**866.344.2371**

[www.ConsumerDirectNM.com](http://www.ConsumerDirectNM.com)



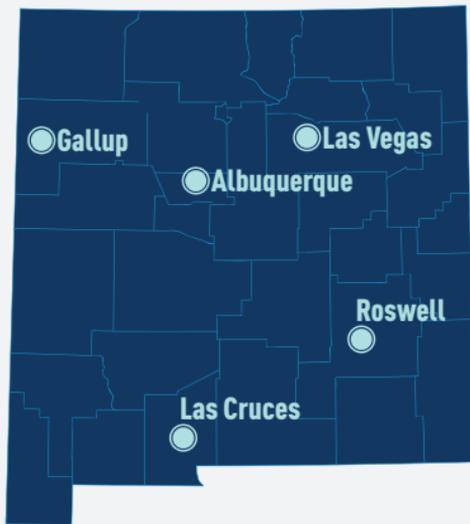


CONSUMER DIRECT CARE NETWORK NEW MEXICO

# Your In-Home Care Specialists

**You've spent a lifetime making your own decisions** and supporting your family's best interests. The in-home care you or your family requires should be no different.

Our services allow you to determine level of care, the hours, and the caregiver best suited to your specific needs. We help with activities of daily living such as bathing, dressing, errands, meal prep, mobility assistance, and keeping your home safe for your needs. You stay in control of your care by selecting, training, and scheduling your caregivers.



We work with individuals and families in large cities, small towns, and rural areas throughout New Mexico, with offices in:

- Albuquerque
- Gallup
- Las Cruces
- Las Vegas
- Roswell

**We are here to help  
you live the life you choose.**

Call us today for  
**more information**

**Tambien Hablamos Espanol**



**866.344.2371**

[www.ConsumerDirectNM.com](http://www.ConsumerDirectNM.com)

EVERY LIFE. EVERY MOMENT. EVERY DAY.